



## From the Principal's Desk



The devastating floods in Kerala have shaken and stirred our State in an unprecedented manner. It is widely accepted that extra ordinarily high rainfall since August 14th was the main trigger for the flood but the sudden release of water from all the reservoirs in the State

has augmented it into a severe disaster. The entire Kerala community has showed an ideal unanimity all through the rescue operations. The way in which we took the disaster definitely will be a model for every modern human society. Now it is the phase of rebuilding Kerala, imbibing all the learning that we got from the disaster. However, as we understand that the principal reason that made the natural calamity into a disaster is the anti environmental lifestyle and developmental paradigm that we followed for the last few decades, the fundamental need is to start a community level Environmental Education (EE) programme with specific Package of Practices (PoP) for every issue that we faces. This is the best long term disaster management strategy too.

The academic institutions in Kerala have also played significant role in rescue and rehabilitation activities. Our College, especially NSS team has made timely and best fit services to the flood affected community at various locations through different means. It was a heart throbbing experience for the whole college community, when we felicitated leaders of fishermen from five districts who led the rescue operations.

Flood disaster incident also revealed the inability of higher education institutions to contribute with valid, practical, academic and research inputs. Even Universities couldn't suggest any disaster management plan or post disaster development plan so far. This is not just because of the lack of knowledge of these institutions, but the gap existing between the community and the higher education sector.

Certainly, this is the right time to establish a linkage between academics and the main stream society. Higher education institutions can contribute through research and education programmes to the rebuilding of the State. It includes a wide array of subjects like simple socio-economic surveys, water quality and quantity studies, modeling for disasters, practical solutions for various issues like waste management, water shed management and eco-friendly lifestyle practices.

I urge our college community to rededicate ourselves for achieving the said capabilities. Our research and education programmes should be redefined in this manner and an earnest effort from all sectors is solicited.

Thank you very much.

**Dr. Punnen Kurian**  
Principal

## Honouring Kerala's Own Army: Our Heroes

When the entire state stood stunned and disoriented by the unexpected flood, a group of ordinary men, rose up to situation Kerala's fishermen, proved themselves to be the state's own army by helping the people of flood affected areas. In recognition of their selfless service, the NSS and NCC of the college in association with Rotary Club, Kottayam Southern organised



a programme to honour them. The programme which was presided over by Principal Dr. Punnen Kurian was inaugurated by College Manager Rev. Fr. Kuriakose Kalayil. Brig. Sunilkumar N.V. (NCC Group Commander) delivered the keynote address. Mr. Anto Elias



(State Vice President KSMTF), Mr. S. Stephen (District President, Kollam KSMTF), Mr. Antony Kurishinkal (District Secretary, Alappuzha KSMTF), Mr. T. V. Shiji (District President, Ernakulam KSMTF), Mr. T. Peter (General Secretary, National Fish Workers Forum) shared their experience, and mementoes were presented to them during the function. Ms. Lizy Babychen (President, Manarcaud Grama Panchayath), Mr. Biju Thomas (Member, Manarcaud Grama Panchayath), Mr. Sabu Mylakkattu (Trustee, St. Mary's Cathedral, Manarcaud), Mr. Jittu Sebastian (Asst. Governor, Rotary Club, Kottayam Southern) and Mr. Arun Sebastian (President, Rotary Club, Kottayam Southern) delivered felicitations. Asst. Prof. Manjusha C.G. welcomed the gathering and Asst. Prof. Elizabeth Zachariah delivered the vote of thanks.

## To the relief camps...



## NSS: Lending a Helping Hand...

**Flood Relief Activities:** NSS unit of St. Marys College organised many programmes as part of flood relief activities. Few are: organizing medical camps, campaign among students, cleaning of relief camps, food and mat distribution in Kaniyamkundu area, cloth collection and distribution, cleaning of houses in Thiruvanchoor area, lotion making for cleaning activities, food distribution to Kavalam and Kainady areas, etc. The programmes were coordinated by NSS

Programme officers Asst. Profs. Tony Francis, Manjusha C.G. and NSS Volunteers under the guidance of Principal Dr. Punnen Kurian. The Unit collected more than Rs. 20,000 and many necessary items.

**Food Distribution:** 100 lunch packets and 50 kits of rice and pulses were distributed during flood time to needy people in Thiruvanchoor. NSS unit coordinated the students and teachers to visit Vengal, Thiruvalla and distributed relief items to 100 families.



## World Environment Day

NSS and Chemistry Department jointly organized World Environment Day 2018 in the College. A variety of programmes like: seminar, plastic modeling competition, plastic modeling workshop, plant sapling distribution, brochure distribution for awareness, plantation drive, etc. were conducted to create awareness among the

The first session was led by Dr. Aji Peter, Environmental Scientist, Brunel University, London which is the second largest Environmental University in the world. The second session was handled by Mr. Aravind K., Assistant Professor, Department of Chemistry, SB College, Changanassery. NSS programme officer Tony Francis coordinated the programme. A mega plantation drive was conducted in connection with World Environment Day. Principal Dr. Punnen Kurian inaugurated the plantation drive. Students from the Chemistry Department planted 100 saplings in and around the college premises.



young generation on Plastic Pollution. The programme was supported by Kerala State Council for Science Technology and Environment (KSCSTE). The two day programme was named "Together we beat plastic pollution". It included Seminar and Plastic modeling competition on June 5 & 12 respectively. The programme was inaugurated by Rev. Fr. Kuriakose Kalayil. Principal Dr. Punnen Kurian delivered the presidential address.



## NCC



- ▶ NCC enrolment of first year cadets was done on 8 August, 2018 by the commanding officer of 16K (B). 47 students were enrolled under various categories.
- ▶ Independence Day: After the flag hosting ceremony, various cultural programmes were conducted.
- ▶ Jino Wilsen, Sibin Biju, Adersh V. and Giya George participated in RDC IBC competition.
- ▶ Adarsh B., got selection to National Level Camp to be conducted at Goa. Sibin Biju got selection for State level trekking camp and Namitha Raghunath got selection to NIC camp.

## Swachh Bharat Internship Programme

40 NSS volunteers registered and completed 100 hour internship programme in a period of two months. The activity was coordinated by NSS. Asst. Prof. Saneer M. Salu is the Nodal Officer for Swachh Bharat internship in our college. The activities included cleaning of roads, water bodies, plastic segregation, educational activity, sapling planting, etc.



## Toppers 2018

B.Com	- Meenumol Jacob (A+ 9.02)
M.Com	- Sruthy G Nair (A)
B.Sc Zoo.	- Sneha Elsa Paulose (A+ 9.18)
M.Sc Zoo.	- Pradeepa Sivan (A 3.6)
B.Sc Phy.	- Shebin Varghese (A 8.24)
BA Eng.	- Sheethal Mary Varghese (A 8.25)
MA Eng.	- Amrutha T.H. (B 3.07)
B.Sc Chem.	- Soniya Thankachan (B+ 3.41)
B.A. Hist.	- Anooa Jacob (B)

## Film Review Competition

A Film Review Competition was organized by the PG Department of English in celebration of FIFA World Cup 2018. Iranian film *Offside* (2006), directed by Jafar Panahi in Persian language was screened. It's about girls who try to watch a World Cup qualifying match but are forbidden from it.



## Yoga Day

In connection with Yoga Day celebration the Women Cell in association with NCC under Care Share and Learn project, conducted a yoga class for Housewives of the IX ward of Manarcaud Panchayat on 21-06-2018. To make atleast one member in each house, trained in yoga within a year is the proposed agenda of this program. Dr. Jiji Thomas, HOD, Botany Dept., who also have an MD in Alternate Medicine gave the training. Mr. Biju Thomas, Member IX Ward was also present.



## Karkidakathil Pathila

Women's Cell and NSS Unit of the College in association with Govt. Ayurveda Hospital, Manarcaud conducted the programme "Karkidakathil Pathila". Dr. Nancy Babu and Dr. Aswathy created an awareness about edible medicinal leaves that can be used in the month of *karkidakam* and a variety of snacks and curries were made from them as part of the program.

## Tribute to departed Literate

Tribute to departed Noble Prize laureate V.S. Naipaul and Sahitya Academic awardee poet Chemmanam Chacko were remembered. Asst. Prof. Anooa Rose and Lecturer Neethu gave their talk and Librarian Mrs. Sherly David concluded with a need for reading. College Library organized Reading Week on June 19 to 26 by conducting various programmes on *Sahitya Nayakare*, *Vayana Maram* and conducted various competitions for students in Malayalam and Hindi.



## Independence Day Quiz Competition

NSS unit of our College celebrated 72nd Independence Day. A quiz competition on India's struggle for Independence was conducted by Gigi Joseph, Assistant Professor, Department of History on August 14th. 60 students participated in this event. Jayakrishan of D1 Chemistry won the first prize and Sarath S. Warriar D3 BCom won the second prize.

On August 15 NSS conducted a sharing session with C.A. Mathew, retired Headmaster and a



senior citizen on his views on pre and post independent India. Principal Dr. Punnen Kurian and Assist. Prof. Gigi Thomas gave Independence Day messages.

## Prayer Cell

The Prayer Cell of the College was inaugurated on 10 August, 2018. The College Manager Rev. Fr. Kuriakose Kalayil inaugurated the Prayer Cell and Fr. Pranoy delivered the message.



## Penalty Kick Contest

NSS unit of our College conducted a penalty kick competition in connection with Russia FIFA World Cup Football-2018. Each departments of our college participated in this event. PG Dept. of Commerce were the winners and Zoology Dept. got the runner up prize.



## SVEEP

NSS programme officer Tony Francis was appointed as Nodal Officer for Systematic Voters Education and Electoral Participation (SVEEP) of Puthupally legislative assembly - for enrolling new members to Voters list and to create interest in voting among young generation.

A meeting of SVEEP of the legislative assembly was conducted on 14-08-2018 in the College, in which NSS programme officers and Student Ambassador's from 10 colleges were present.

## Student's Corner

- ▶ B.A. Degree English students participated in the Inter Collegiate Fest, Callida 2018 conducted by the English Department, GIAL on 28 Sept., 2018.
- ▶ D3 Commerce students, Sijumon, Adarsh, Alan Mani and James secured III prize in 'Soccer Action' in the Inter-Collegiate Fest organized by Dept. of Commerce, St. Thomas College, Pala.
- ▶ M2 English students attended a seminar at SB College, Changanassery on 3 & 4 September 2018.

## Faculty Participation

- ▶ Asst. Prof. Moideen C., Dept. of History participated in the training programme on academic leadership from 16-19th July, 2018 under the scheme of Pandit Madan Mohan Malaviya National Mission Teachers and Teaching by Aligarh Muslim University at MES College, Valanchery.
- ▶ Asst. Prof. Elizabeth Zachariah participated in the UGC Sponsored Refresher Course in Higher Education and Women Managers conducted by UGC HRDC Trivandrum from 26-06-2018 to 16-07-2018.
- ▶ Asst. Prof. Susan Bincy Andrews participated in the UGC Sponsored 158th Orientation Programme conducted by UGC HRDC Trivandrum from 20-06-2018 to 17-07-2018.

## Dept of Commerce

A workshop on "Financial management - time value of money" was organised on 10 July 2018. Mr. Krishnan, Asst. Professor, Dept of Commerce



SD College, Alappuzha led the workshop.

An awareness programme related to the prevention of the usage of drugs among school programme was conducted at Govt. UP School, Maalam on 24 July 2018. A poster preparation contest was also conducted.

As part of the Care, Share and Learn Project, the department conducted a computer learning programme for senior citizens. Around 40 senior citizens of III ward of Maalam Grama Panchayath was selected and given a workable knowledge about the use of computer.

A warm welcome was given to first year UG and PG students on 13 August and 13 September respectively.



## Dept of Physics

Dept of Physics conducted a Film Show and an Orientation Class on Lunar Eclipse on 27 July, 2018. Dr. R. Haresh (HOD, Dept. of Physics) coordinated the programme.



An awareness class on Cyber Security was organised on 14 August, 2018. Mr. Anwar Sadiq Marketing Manager G-Tech led the class. The programme helped to create an awareness among the students regarding the positive as well as negative impacts of increasing usage of Social Media by the youth.

## Glimpses...

► Career & Placement Cell of the College conducted an orientation programme for 1st year UG students on 2 August, 2018. The classes were taken by Mr. Jaikes, Limca Book of Record Holder. An awareness regarding PSC tests and PSC coaching programmes were also given.

► The Film Club of the College arranged a Dubsmash programme on 2 August, 2018. The crew of the film *Ente Mezhukuthiri Athazhangal* conducted the programme.

► Inauguration of New Exam Block and New Management Room and Stone laying ceremony of Self Financing Block was done on 4 August, 2018 at St. Mary's Cathedral. Former Chief Minister of Kerala Mr. Oommen Chandy inaugurated the Exam Block of New Management room. The Self Financing Block stone was laid by H.B.B. Basilius Catholicos.

## Inauguration of Commerce Association & ED Club

The inauguration of Commerce Association and ED Club was held on 14-09-2018. Dr. Jacob Thomas (Principal, MGM NSS College, Lakkattoor) and Mr. Anish Mohan (Motivational Trainer, IPCAI) were chief guests. Mr. Anish Mohan delivered a class on "Golden Rules of Goal Setting". College Principal Dr. Punnen Kurian, Dr. Many P.U. (HOD) and all other faculty members were present.



## Sahithyavedi

'Vayanadinam' was celebrated on 19-06-2018 under the auspices of Sahithyavedi. Former Malayalam HOD Dr. M.G. Chandrashekhara inaugurated the function. He tried to elicit a love for reading books among the students, by acting his own personal experiences. Dr. Punnen Kurian, presided over the function. HOD, Malayalam Dept. Ms. Manjusha C.G. delivered the welcome speech. Jishnu Suresh (D2 Phy). Ajeena Philip (MSc Zoology) and Adilakshmi (D2 Chemistry) bagged the I, II & III prizes respectively. Ms. Neethu K. Zachariah, Lecturer, Malayalam Dept., delivered the vote of thanks.

An Essay writing competition was conducted on 26 June, 2018, based on the topic of Drug Addiction and its impact upon students".

Adilakshmi (D2.Chem.) won the first prize. Sheha Elizabeth (D2 Chem.) and Sharath Sani (D2 Phy.) won the Second and third prize respectively. A poetry writing workshop was conducted on 8 August, 2018. Mr. Inchakkadu Balachandran who made notable achievements in the field of poetry writing led the class.



## UG Installation

First UG Installation Programme was conducted on 23 July, 2018. An orientation class was taken for the parents and newly admitted students by Mr. Binu Kannamthanam, the Guinness Book record holder. Rev. Fr. Kurian Mathew Vadakkepambil solemnized the occasion with his words of blessing.

Installation Class for UG III and V semester students was conducted on 4 June, 2018. An orientation class by Mr. Mathew Kanamala. Rev. Fr. Kuriakose Kalayil solemnized the occasion with his prayers.

## Congratulations...



Pradeepa Shivan  
MSc Zoology  
2nd Rank  
MG University



Megha Mohan  
MA English  
(2014-'16 Batch)  
Cleared NET July 2018

## College Union 2018-'19



Abin Joseph -D2 English  
Union Chairman



Sneha E. Mary -D2 Chem.  
Vice-Chairman



Nandhagopan K.S. -D2 Hist.  
UUC



Aswin P. Raj -D3 Chem.  
UUC



Haritha Vijayan -D3 Eng.  
Arts Club Secy.



Shan K. Shaji -D2 Hist.  
Mag. Editor



Rahulmon Rajan -D3 Zoo.  
Gen. Secy.